

## SAFETY STRATEGIES:

The following strategies are intended as guidelines not guarantees. The best action to take is to plan ahead. Know what to do **DURING** and **AFTER** the abuse... **BEFORE** it happens.

## LIVING WITH THE ABUSER:

- ✓ **Know how to get out.** Make sure you always have a way outside.
- ✓ **Decide where you will go.** Make arrangements with a safe friend, neighbor, or family member.
- ✓ **Pack a bag.** Have it ready to go or keep it at the place where you will go. Include the following:

### Important Items:

- |              |                     |
|--------------|---------------------|
| -Clothing    | -Toiletries         |
| -Medications | -Baby needs         |
| -Extra money | -Car and house keys |

### Important Documents:

- |                |                          |
|----------------|--------------------------|
| -ID            | -Birth Certificates      |
| -Bank info     | -Social Security Cards   |
| -This pamphlet | -Checks and Credit Cards |

- ✓ **Call the police.** Domestic Violence is a Crime!
- ✓ **Inform your neighbors.** Tell them to call the police if anything is suspicious.

## NOT LIVING WITH THE ABUSER:

- ✓ **Keep a copy of your Protective Order with you at all times.**
- ✓ **Have your phone number unlisted.** Any contact with the abuser should be through legal means. i.e. an attorney.
- ✓ **Notify schools and day care.** This tells them that only you are authorized to pickup your children.
- ✓ **Inform your neighbors.** Tell them to call the police if anything is suspicious. Show them a picture of your abuser.

## RESOURCE LIST:

### SHELTERS:

- |                             |          |
|-----------------------------|----------|
| YWCA.....                   | 355-2804 |
| South Valley Sanctuary..... | 255-1095 |
| Rescue Haven.....           | 521-5925 |
| Marillac House.....         | 359-0830 |

### LEGAL ASSISTANCE:

- |                              |          |
|------------------------------|----------|
| Legal Aid Society.....       | 328-8849 |
| Utah Legal Services.....     | 328-8891 |
| Lawyer Referral Service..... | 359-2462 |

### CHILD ABUSE REFERRALS:.....468-5400

### CRISIS LINES:

- |                                |                |
|--------------------------------|----------------|
| Domestic Violence Hotline..... | 1-800-897-LINK |
| Race Crisis Center.....        | 467-7273       |
| Suicide Prevention.....        | 483-5444       |
| Salt Lake Crisis Line.....     | 355-2804       |

### VICTIM COMPENSATION:

- |                               |          |
|-------------------------------|----------|
| Crime Victim Reparations..... | 238-2360 |
|-------------------------------|----------|

### COUNSELING SERVICES:

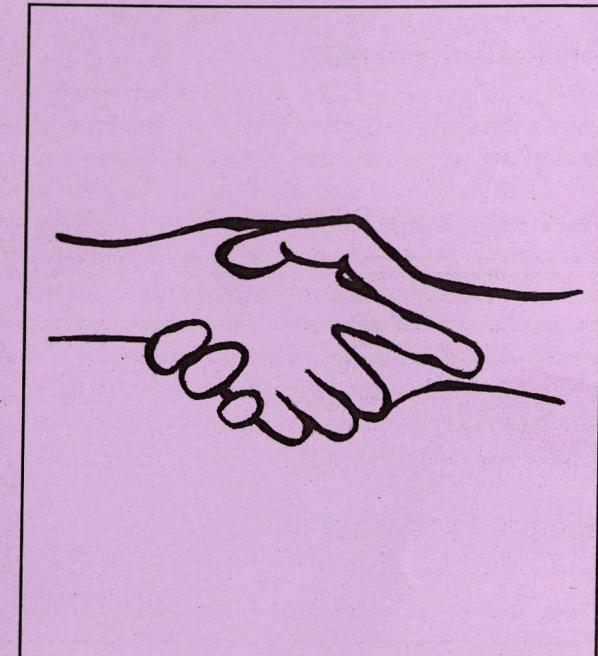
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|---------------------------------------|----------|
| Family Support Center.....            | 487-7778 |
| (counseling services, crisis nursery) |          |
| Sandy Counseling.....                 | 944-1666 |
| F.A.C.T.....                          | 561-7561 |
| Salt Lake Valley Mental Health.....   | 263-7100 |
| Choices(YWCA).....                    | 537-8600 |

### OTHER COMMUNITY RESOURCES:

- |   |          |
|---|----------|
| Adult Detention Center.....                         | 743-5000 |
| Workforce Services.....                             | 468-0000 |
| (Food Stamps, Financial Aid, Medicaid, etc.)        |          |
| House Outreach Rental.....                          | 359-2444 |
| Third District Court.....                           | 238-7300 |
| South Salt Lake Court.....                          | 483-6076 |
| Information and Referral Center.....                | 978-3333 |
| (Information and Direction for community resources) |          |

## South Salt Lake

## Victim Assistance Program



There is no excuse for abusive behavior. If you are the victim of abusive behavior, you are not alone and you have options!

### South Salt Lake Victim Services

2835 South Main

South Salt Lake, Utah 84115

(801) 412-3660

(801) 412-3661 Spanish Speaking Line

(801) 412-3662

(801) 412-3663 Spanish Speaking Line

# WHAT IS DOMESTIC VIOLENCE?

Domestic violence includes a variety of abusive behaviors or threats of abuse. It can be a combination of physical, sexual, and/or verbal abuse.

## WHO IS THE ABUSER?

Your partner has committed domestic violence when he/she physically harms, intimidates or causes fear in the persons with whom he/she shares living space.

## WHO ARE THE VICTIMS?

Note that a victim is anyone with whom the abuser lives or has lived. For this reason victims of domestic violence can include many different people. The victim does not have to be related by blood to the abuser. Victims can include any of the following: wives, husbands, children, brothers, sisters, parents, step children, step-parents, girlfriends, boyfriends, roommates, guests, etc.

## WHAT IS ABUSE?

Disagreements and arguments are often part of a normal relationship. **But physical violence or other abusive behavior is not normal!** Abuse comes in many forms. Listed below are some questions to ask yourself that will help identify the different types of abuse you have experienced.

**Physical Abuse:** Has your partner ever pushed, slapped, or hit you? Kept you from leaving? Kicked, choked or thrown things at you?

**Emotional Abuse:** Has he/she ever threatened or intimidated you? Isolated you socially from family and friends? Used the children to manipulate you? Monitored your phone calls? Called you names? Humiliated you in private or in public? Ignored your feelings?

**Sexual Abuse:** Does your partner become angry if you glance at someone of the opposite sex? Has he/she ever accused you of having affairs? Forced you to have sex? Committed sadistic sexual acts?

## OUR MISSION:

The South Salt Lake Victim Assistance Program is dedicated to providing a comprehensive response to victims of violent crime. The partnership we have with our community enhances our ability to provide crisis intervention, emotional support, information & referral, and court advocacy to the residents of South Salt Lake and to those who have been a victim of crime while in South Salt Lake.

*We are committed to improving the treatment of victims while they are going through the criminal justice process.*

## INFORMATION AND SERVICES:

We assist victims and witnesses of violent crimes, through the criminal justice process. Therefore, we provide the following information and services.

### INFORMATION:

- ✓ Your rights according to the law.
- ✓ Details of the investigative process.
- ✓ Referrals to various community resources. (See reverse)

### SERVICES:

- ✓ Assistance in filing **Protective Orders**.
- ✓ Support in court proceedings.
- ✓ Crisis Intervention.

## PROTECTIVE ORDERS:

### LEGAL ASSISTANCE:

Legal assistance from the Legal Aid Society can be obtained at: 225 South 200 East #200, S.L.C. ☎ 328-8849

### PROTECTIVE ORDERS MAY BE OBTAINED AT:

Third District Court  
450 South State Street  
Room # W17

## PROTECTIVE ORDERS:

### WHAT IS A PROTECTIVE ORDER?

- ✓ An order issued by the court giving victims of domestic violence protection from further abuse.
- ✓ Protective orders differ from restraining orders. To obtain a restraining order you must go through a private attorney.
- ☞ There is **No Cost** for a Protective Order.

### ELIGIBILITY REQUIREMENTS:

To obtain a Protective Order at least **ONE** of the following must apply to you and your abuser:

- ① Are married or have been married.
- ② Have a child in common.
- ③ Are related by blood or marriage.
- ④ Have resided together at some time.
- ⑤ Are 16 years of age or older and are not the parent, step-parent or guardian of the abuser.

### ITEMS NEEDED TO OBTAIN THE ORDER:

When applying for a protective order, take the following information with you:

- ✓ Names and addresses of places that the abuser must avoid (work, home, schools, day-care, family member's homes).
- ✓ Addresses where officers can find and serve the abuser with the court papers.
- ✓ Descriptions of acts of violence against you and/or your children.
- ⌚ This Process can take up to 3 hours. It is best to arrange child care if possible.

### A PROTECTIVE ORDER CAN:

- ✓ Order the abuser to physically stay away from you, your family, and your place of employment.
- ✓ Order the abuser to have no contact with you – physically, by phone, or through other people.
- ✓ Order the abuser to refrain from threatening you or your family.
- ✓ Order temporary child custody, child support, and spousal support.